



NOVEMBER 2016

MENU



Mon	Tue	Wed	Thu	Fri
	1 French Toast Sticks Breakfast Ham Banana Chunks Milk Yogurt & Blueberries	2 American Chop Suey (w/Hamburg, Marinara Sauce) Steamed Broccoli Milk Pineapple Rings	3 Grilled Cheese on Wheat Bread Tossed Salad w/ Cucumber Slices and Dressing Milk Sliced Pears	4 Fish Sticks Seasoned Egg Noodles Mixed Steamed Veggies Milk Warm Applesauce
7 Meatball Grinder on a Roll Peas Tator Tots Milk Apple Wedges	8 Turkey & Cheese Roll-Ups Green Beans Sliced Italian Bread Milk Fruit Cocktail	9 Chicken Patty w/ Gravy Tossed Salad w/ Dressing Sweet Potato Mash Milk Peach Crisp	10 Soy Nut/Jelly Sandwiches Chicken Noodle Soup w/Carrots Milk Orange Smiles	11 Cheddar Cheese Quesadillas w/Salsa Mexican Rice Corn Milk Vanilla Pudding
14 Chicken Nuggets w/BBQ Sauce White/Brown Rice Corn Milk Fresh Fruit	15 Ham & Cheese on Wheat Wrap Minestrone Soup Pickles Milk Angel Cake w/ Strawberries	16 Mac & Cheese Steamed Peas Wheat Roll Milk Apple Wedges	17 Cheese Ravioli w/ Marinara Sauce Warm Roll Carrots Milk Fig Newtons	18 Sloppy Joe on a Roll Baked Fries w/ Ketchup Milk Peaches & Whipped Cream
21 Tuna Sandwich Tomato Soup Goldfish Crackers Milk Orange Smiles	22 Thanksgiving Feast <i>Preschool and K classes will all assist in making a portion of today's feast!</i> Roasted Turkey w/ Stuffing, Mixed Veggies, Cornbread, Milk & Apple Crisp	23 Chicken Parmesan Steamed Carrots Seasoned Pasta Milk Vanilla Yogurt w/ Berry Topping	24 Center Closed 	25 Center Closed
28 Fish Sticks Mashed Potatoes Steamed Broccoli Milk Vanilla Pudding	29 Mac & Cheese Steamed Carrots Applesauce Milk Sliced Cantaloupe	30 Chicken & Vegetable Stir Fry w/ Brown & White Rice Milk Pineapple Chunks		